

# Take the Quiz

**Show what you  
know about  
bullying prevention**



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# What is bullying?



- A** Accidentally running into someone in the hallway and apologizing
- B** When one kid, or a group of kids, hurts or harms another kid on purpose
- C** Taking the last dessert at lunch
- D** When two kids disagree about the music they like

# What is bullying?



**Answer: B – When one kid, or a group of kids, hurts or harms another kid on purpose.**

**Bullying is when someone is being hurt either by words or actions over and over again, feels bad because of it, and has a hard time stopping what's happening to them.**

# Who is affected by bullying?



- ☐ **A The kid being bullied**
- ☐ **B The kid who is doing the bullying**
- ☐ **C The kid who sees bullying happen**
- ☐ **D All of the above**



# Who is affected by bullying?



**Answer: D – All of the above.**

**Bullying affects everyone, not just the kids who are directly involved.**



# Is bullying the same as conflict?



**A Yes**

**B No**



# Is bullying the same as conflict?



**Answer: B – No.**

**Conflict is when there is a disagreement, with both kids expressing their views, and no feels unsafe.  
Bullying is behavior with intention to hurt or harm.**



# What should you do if you're being bullied?



- ☐ **A Speak up**
- ☐ **B Tell an adult**
- ☐ **C Know that you have the right to be safe**
- ☐ **D All of the above**



# What should you do if you're being bullied?



**Answer: D – All of the above.**

**No one EVER deserves to be bullied. If you are being bullied, it's important for you to say something, especially to tell an adult, so they can help you resolve the situation**



# When does someone deserve to be bullied?



- A When they wear different clothes**
- B When they say something silly**
- C When they cry**
- D NEVER**

# When does someone deserve to be bullied?



**Answer: D – NEVER.**

**Bullying is NEVER okay, cool, or acceptable. No one EVER deserves to be bullied. Everyone has the right to be safe.**



# If you're being bullied, should you tell?



☐ **A Yes**

☐ **B No**



# If you're being bullied, should you tell?



**Answer: A – Yes.**

**If you're being bullied, tell an adult right away! It's not tattling. When you are being hurt or harmed, it's a big deal. You need someone you can trust on your side. You have the right to tell.**

# Is it possible to be someone who bullies and who gets bullied?



☐ A Yes

☐ B No



# Is it possible to be someone who bullies and who gets bullied?



**Answer: A – Yes.**

**Roles can change depending on the situation.**

# How do you recognize someone who bullies?



- A Size. The person bullying is bigger than the person being bullied**
- B Gender. Girls don't bully, only boys do**
- C Behavior. They do something that hurts or harms another person**
- D Age. It's always older kids picking on younger kids**

# How do you recognize someone who bullies?



**Answer: C – Behavior.**

**It's not the size, gender, age or appearance that defines someone who bullies, it is about how they act.**



# When is it okay for someone to bully?



- A When you're angry**
- B If someone is younger than you**
- C Never**
- D To fit in**

# When is it okay for someone to bully?



**Answer: C – Never.**

**It is NEVER okay to bully and no one ever deserves to be bullied.**



# What are ways to change bullying behavior?



- A Recognize that there is nothing funny or cool about hurting someone**
- B Talk about how you are feeling with an adult**
- C Understand how your actions impact others**
- D Think through other ways to respond**
- E All of the above**

# What are ways to change bullying behavior?



**Answer: E – All of the Above.**

**Sometimes kids bully, but that doesn't mean that they can't change! That's because bullying is about behavior, it's about words and actions—not about who they are. It helps to understand the reasons that bullying occurs, and to then think about new ways to respond.**

# Do most schools have bullying prevention policies?



☐ **A Yes**

☐ **B No**



# Do most schools have bullying prevention policies?



**Answer: A – Yes.**

**Every state in the nation has a law that prevents bullying in schools, and often includes your school posting and sharing its policy. If you don't know yours, ask your teacher about it.**

# Is telling different from tattling?



**A Yes**

**B No**

# Is telling different from tattling?



**Answer: A – Yes.**

**Telling is done to protect yourself or another student from getting hurt. Tattling is done to get someone in trouble.**

# What should you do if you see bullying?



- ☐ A Help get them away from the situation**
- ☐ B Tell an adult**
- ☐ C Let them know that no one deserves to be bullied**
- ☐ D All of the above**

# What should you do if you see bullying?



**Answer: D – All of these things will help someone who is being bullied! Be a Kid Against Bullying and:**

**SPEAK UP** when you see bullying

**REACH OUT** to others who are bullied

**BE A FRIEND** whenever you see bullying.

